

ORDER FORM

Bio-Compatibility Allergy Testing is now available.

Simply send us a small clump of your hair (enough to cover the shaded area below) and we will test you for all the items on the test sheet.



Hair Sample must be placed in an envelope.

Colours, perms or medications do not affect the testing.

Please complete the following.

Tick Your Symptoms

- | | | | |
|-------------------------------------|--|--|--|
| <input type="checkbox"/> Acne | <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Asthma | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Bloating | <input type="checkbox"/> Candida | <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhoea |
| <input type="checkbox"/> Earache | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Flatulence | <input type="checkbox"/> Fluid |
| <input type="checkbox"/> Hay fever | <input type="checkbox"/> Headache | <input type="checkbox"/> Hives | <input type="checkbox"/> Irritable Bowel |
| <input type="checkbox"/> Itchy skin | <input type="checkbox"/> Migraine | <input type="checkbox"/> Mucous | <input type="checkbox"/> PMT |
| <input type="checkbox"/> Psoriasis | <input type="checkbox"/> sinus | <input type="checkbox"/> Sleep disorders | |
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Restless Legs | <input type="checkbox"/> Thrush | |

OTHER

Date of Birth/...../.....

Sex M / F

Name

Address

..... P/Code Phone

Email

Mastercard

Visa

Expiry Date /

Card Number

Name on Card Signature

Tick Tests You Want Done

- | | |
|-------------------------------|---------------------|
| 300 item standard list | \$180.00 [] |
| Extra list A | \$ 45.00 [] |
| Extra list B | \$ 45.00 [] |

Amount Payable \$.....00

Send To:

Anthony Pearce
Ako Qi
21 Davies Crescent
Gooseberry Hill WA 6076

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Phone 08 9293 1426

STANDARD 300 ITEM LIST

List subject to change All brand names remain the property of manufacturers.

FRUITS

- 1 Apples
- 2 Oranges
- 3 Banana
- 4 Strawberry
- 5 Watermelon
- 6 Mango
- 7 Lemon
- 8 Kiwifruit
- 9 Grapes
- 10 Peaches
- 11 Pears
- 12 Mandarines
- 13 Pineapple
- 14 Passionfruit
- 15 Cherries
- 16 Plums
- 17 Pawpaw
- 18 Apricot
- 19 Sultanas
- 20 Raisins
- 21 Grapefruit
- 22 Rockmelon
- 23 Honey Dew Melon
- 24 Prunes
- 25 Dates
- 26 Lychee
- 27 Nectarines
- 28 Limes

SEAFOOD

- 29 Fish
- 30 Shellfish
- 31 Calamari
- 32 Salmon (tinned)
- 33 Tuna (tinned)

DRINKS

- 34 Beer
- 35 Wine
- 36 Port
- 37 Vodka
- 38 Whiskey
- 39 Bourbon
- 40 Rum
- 41 Gin
- 42 Brandy
- 43 Tea
- 44 Coffee
- 45 Ovaltine
- 46 Milo
- 47 Choc Quik
- 48 Cocoa (Cadbury)
- 49 Ginger Ale
- 50 Coke
- 51 Diet Coke
- 52 Pepsi Max
- 53 Sprite-Lemonade
- 54 Fanta (Orange)
- 55 Dandelion Tea
- 56 Chamomile Tea
- 57 Peppermint Tea
- 58 Green Tea
- 59 Ribena
- 60 Red Cordial
- 61 Cranberry Juice

CONDIMENTS

- 62 Apple Cider Vinegar
- 63 Malt Vinegar
- 64 Salt (refined table)
- 65 Celtic Salt (sea salt)
- 66 Rock Salt (McCormick)
- 67 Herbemare Vege Salt
- 68 Pepper (black and white)
- 69 Cayenne Pepper
- 70 Tomato Sauce (Fountain)
- 71 Tomato Paste (Leggo's)
- 72 B.B.Q. Sauce (Eta)
- 73 Soy sauce
- 74 Worcester sauce
- 75 Horseradish sauce
- 76 Mustard
- 77 M.S.G. (621)
- 78 Gravox
- 79 Vegemite
- 80 Promite
- 81 Nutella
- 82 Beef Stock (Magi)
- 83 Chicken Stock (Magi)
- 84 Chicken Stock (Massel)
- 85 Beef Stock (Massel)
- 86 Vegetable Stock (Massel)
- 87 Vanilla (pure)
- 88 Curry Powder
- 89 Mint Sauce
- 90 Ginger
- 91 Chilli
- 92 Garlic
- 93 Mixed Spice
- 94 Cinnamon
- 95 Nutmeg

DAIRY FOODS

- 96 Butter
- 97 Margarine (Flora)
- 98 Margarine (Soya)
- 99 Nuttalex Margarine
- 100 Cream
- 101 Cows Yoghurt
- 102 Soy Yoghurt
- 103 Cows Cheese
- 104 Goats Cheese
- 105 Soy Cheese
- 106 So-Good
- 107 Vitasoy
- 108 Aussie Soy
- 109 So Natural
- 110 Tofu
- 111 Goats Milk
- 112 Rice Milk (Rice Dream)
- 113 Rice Milk (So-Natural)
- 114 Carnation Milk
- 115 Condensed Milk
- 116 Skim Milk
- 117 Full Cream Milk
- 118 Ice Cream (Pauls Vanilla)
- 119 Eggs

SEEDS

- 120 Sesame
- 121 Sunflower
- 122 Pumpkin
- 123 Linseed (flax seed oil)

VEGETABLES

- 124 Potato
- 125 Tomato
- 126 Capsicum
- 127 Eggplant
- 128 Cabbage
- 129 Cauliflower
- 130 Brussell Sprouts
- 131 Mushroom
- 132 Broccoli
- 133 Silverbeet
- 134 Zucchini
- 135 Celery
- 136 Lettuce
- 137 Rocket
- 138 Pumpkin
- 139 Peas
- 140 Carrot
- 141 Onion
- 142 Beetroot
- 143 Cucumber
- 144 Turnip
- 145 Button Squash
- 146 Snow Peas
- 147 Mung Beans
- 148 Beans
- 149 Asparagus
- 150 Alfalfa sprouts
- 151 Sweet Potato
- 152 Avocado
- 153 Corn
- 154 Shallots
- 155 Parsley
- 156 Buckchoy
- 157 Choysum
- 158 Wombok
- 159 Leeks
- 160 Olives

MEATS / FATS

- 161 Beef
- 162 Pork
- 163 Lamb
- 164 Chicken
- 165 Bacon
- 166 Ham
- 167 Turkey
- 168 Canola Oil
- 169 Olive Oil
- 170 Grape Seed Oil
- 171 Sunflower (Crisco)

FOOD COLOURINGS

- 172 Red
- 173 Blue
- 174 Green
- 175 Yellow

NUTS

- 176 Almonds
- 177 Cashews
- 178 Hazel
- 179 Brazil
- 180 Pistachio
- 181 Macadamia
- 182 Walnut
- 183 Pecans
- 184 Pine Nuts

DRIED HERBS

- (McCormick)
- 185 Mixed Herbs
 - 186 Rosemary
 - 187 Basil
 - 188 Chives
 - 189 Coriander
 - 190 Oregano
 - 191 Season-All

GRAINS / CEREALS

- 192 White Bread
- 193 Wholemeal Bread
- 194 Multigrain Bread
- 195 Rye Flour
- 196 White Flour
- 197 Wholemeal Flour
- 198 Cornflour
- 199 Buckwheat Flour
- 200 Yeast (Bakers)
- 201 Bi Carb Soda
- 202 Corn Thins
- 203 Rice Thins
- 204 Rice Crackers
- 205 White Rice
- 206 Brown Rice
- 207 Lentils
- 208 Chick Peas
- 209 Kidney Beans
- 210 Split Peas
- 211 Rolled Oats
- 212 Oat Bran
- 213 Coconut
- 214 Baked Beans (Heinz)
- 215 Spaghetti (Heinz)
- 216 Pasta (Durham Wheat)
- 217 Hokkien Noodles
- 218 Rice Noodles
- 219 Cornflakes (Kellogs)
- 220 Rice Bubbles
- 221 Coco Pops
- 222 Sultana Bran
- 223 Vita Brits
- 224 Weet Bix
- 225 Nutrigrain
- 226 Special K
- 227 Just Right

SUGARS

- 228 White Sugar
- 229 Raw Sugar
- 230 Brown Sugar
- 231 Equal
- 232 Sugarine
- 233 Splenda
- 234 Honey
- 235 Maple Syrup
- 236 Golden Syrup
- 237 Carob
- 238 Chocolate (Darrell Lea)
- 239 Chocolate (Lindt)
- 240 Chocolate (Nestle)
- 241 Chocolate (Cadbury)
- 242 Chocolate (Dove)
- 243 Liquorice

CHEMICALS

- 244 Fly Spray
- 245 Aeroguard
- 246 Newspaper Ink
- 247 Bleach
- 248 Sard Wonder Soaker
- 249 Nappisan
- 250 Talcum Powder
- 251 Morning Fresh
- 252 Palmolive Dish Liquid
- 253 Dawn Dish Liquid
- 254 Pine-O-Cleen
- 255 Domestos
- 256 Omo
- 257 Dynamo
- 258 Bio Zet
- 259 Cold Power
- 260 Radiant
- 261 Cuddly Fabric Softener
- 262 Softly Fabric Softener

BATHROOM CHEMICALS

- 263 Baby Shampoo (Johnsons)
- 264 Head and Shoulders
- 265 Pantene
- 266 Wella Balsam
- 267 Palmolive Shower Milk
- 268 Lux Body Wash
- 269 Mum Deodorant
- 270 Dove Deodorant
- 271 Rexona Sport Deodorant
- 272 Crystal Stick Deodorant
- 273 Body Choice Natural Deod
- 274 Dove Soap
- 275 Sunlight Personal Soap
- 276 Palmolive Gold Soap
- 277 McLeans (Triple stripe)
- 278 Colgate (Standard)
- 279 Sensodyne
- 280 Gillette Shaving Foam
- 281 Nivea Shaving Gel
- 282 UV Tripplegard Sunscreen
- 283 Banana Boat Sunscreen

METALS

- 284 Mercury
- 285 Silver
- 286 Aluminium
- 287 Gold

HAIR/FIBRES

- 288 Mixed Feathers
- 289 Wool
- 290 Cotton
- 291 Polyester
- 292 Linen

OTHERS

- 293 Panadol
- 294 Herron
- 295 Panamax
- 296 Aspro
- 297 Nurofen
- 298 Codral (cold & flu)
- 299 Methylated Spirits
- 300 Cigarette Smoke

EXTRA LIST A

BREAD /GRAINS

1. BRIGHTERLIFE Bread mix
2. BRIGHTERLIFE Whey
3. BRIGHTERLIFE Muffin Mix
4. BRIGHTERLIFE Pikelet mix
5. Spelt Flour
6. Lecithin
7. Polenta
8. Amaranth Flour
9. Falafel
10. Quinoa flour
11. Potato Flour
12. ORGRAN Buckwheat Flour
13. ORGRAN No Egg
14. ORGRAN Rice Pasta
15. SAN REMO Gluten Free Pasta
16. ORGRAN Rice and Corn Pasta
17. FREEFORM Choc Crunch Biscuits
18. FREEFORM Double Chocolate Biscuits
19. FREEFORM Lemon Cake
20. ESKAL Lemon Wafer biscuits
21. BASCO Chocolate Cake mix
22. BASCO bread mix
23. BASCO chicken & veg soup
24. BASCO Pancake mix
25. ESSENE sprouted bread
26. COUNTRY LIFE Dark Rye bread
27. COUNTRY GRAIN Organic Rye bread
28. OLD TIME BAKERY Rye Bread
29. MOORE'S Gluten/yeast free Bread

CEREALS / BARS

30. CRUNCHOLA Apple and Blueberry
31. FREE AND LOW Muesli
32. **GOOD MORNING CEREALS** Millet Puffs
33. LOWAN Rice Porridge
34. LCM bars cereal & milk
35. Cadburys Brunch Bar fruit & nut
36. ALL BRAN Baked Bars

DRINKS

37. Caro
38. Ecco
39. Yakult
40. Oat milk
41. A2 milk
42. Lactose Free milk
43. Formosa Tea
44. Chai Tea
45. Dr Stuart's Diet Aid Tea
46. Poweraid
47. Staminaide
48. V8 vegetable juice
49. ANLENE milk
50. Miso Sou

EXTRA LIST B

SWEETS

1. Stevia
2. MANUKA Honey
3. SWEET WILLIAM Chocolate
4. ARTISSE Chocolate
5. HOLEX Chocolate
6. COLES Belgian Chocolate

CHEMICALS

7. RED SEAL Herbal Toothpaste
8. GRANTS Mineral Herbal Toothpaste
9. VICCO Herbal Toothpaste
10. Earth Choice Dish Liquid

HERBS/SPICES

11. Cloves
12. Gelatine
13. Garam Masala
14. Thyme
15. Bay Leaf
16. Paprika
17. Fennel Seeds
18. All spice
19. Turmeric
20. Cajun Spices
21. Cumin
22. Dill
23. Tarragon
24. Ghee
25. Massel Supreme gravy mix
26. Tabouli
27. Bonox
28. Bovril
29. Homus
30. KRAFT Classic Mayonnaise
31. PRAISE Traditional Mayonnaise
32. Tahini

OTHERS

33. WOOLWORTHS Organic Baked Beans
34. SPC Baked Beans
35. Psyllium
36. AYAM Oyster Sauce
37. HEINZ big red tomato sauce
38. SMITHS chips plain
39. Couscous
40. Fetta Cheese
41. Temphey
42. LLOYDS Organic Prune juice
43. Gherkins
44. Popcorn microwave
45. Sardine in oil
46. Twisties cheese
47. Burger Rings
48. FOUNTAIN Sweet Chilli sauce
49. CHRIS' Tzatziki dip
50. CHRIS' Spring Onion dip